



Physical Literacy and the Early Years

When: Tuesday April 14, 2015

Where: Simcoe Recreation Centre - Simcoe, ON

Doors open/Registration: 4:00 p.m. - 5:00 p.m.

Dinner: 5:00 p.m. - 6:00 p.m.

Workshop: 6:30 p.m. - 8:30 p.m.

COST: FREE

Participants will have an opportunity to:

- Gain a deeper understanding of physical literacy and its benefits
- To review the Canadian Physical Activity Guidelines for the Early Years
- Examine how physical literacy can be integrated into physical education and daily physical activity programming
- Explore hands-on activities to develop physical literacy in various settings

To register and for more information contact:

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