

Public Health Nurse



I'm here
to help with:

- ✓ Family Issues
- ✓ Healthy Eating
- ✓ Sexual Health
(Including Birth Control & STI Testing)
- ✓ Sexual Orientation
- ✓ Anxiety, Depression & Stress
- ✓ Quitting Smoking

ALL SERVICES CONFIDENTIAL

Drop-in to guidance for more information.

Simcoe: 12 Gilbertson Dr.,
P.O. Box 247,
Simcoe, Ontario
519.426.6170

Caledonia: 282 Argyle St. S.,
Caledonia, Ontario
905.318.5367

HealthUnit
Haldimand-Norfolk
www.hnhu.org