



Celebrating 15 Years! 1998 - 2013

CHILD NUTRITION NETWORK



| SPRING 2013 NEWSLETTER |

Turning Point – A Grand Erie Program

Submitted by Susan Renton

The Turning Point Program offers a combination of work experience and independent study/teacher instructed credit courses. These credit courses go towards the students' Ontario Secondary School Diplomas. The program is offered in an alternative learning environment. The program requirements are a co-op placement, regular attendance at work and attendance at the in-class component of the program. The students in this program are between the ages of 16 to 21.

There are several benefits of the Turning Point Program. The students have the opportunity to work at home, opportunity for credit recovery, students work at their own pace, more one on one contact with the teacher and educational assistant, and flexible completion dates. As part of the co-op package students are allowed to work and attend school on a non-traditional schedule. 110 hours of work are required for each co-op credit.

As part of the program, we have been lucky enough to reap the benefits of the Student Nutrition Program. We offer nutritious foods for breakfasts, lunches and snacks. This allows us to promote good health and healthy eating habits in the youth that attend. The youth benefit greatly from the program because it promotes a healthy learning environment, allows for interaction with their peers/program providers, and encourages cultural diversity as we try new foods. To some students who have a lower income, the food that is offered on classroom days could be their only healthy meal that day.

All of the Turning Point sites now have Student Nutrition Programs including, Turning Point Dunnville, Hagersville, Simcoe, Port Dover, and Waterford.



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Spaghetti Dinner, Simcoe

The 9th annual Norfolk Spaghetti Dinner held March 19th was another successful event that raised almost \$5,000. This year the event was held in the Junior Farmers Building which proved to be an excellent location! With detailed sticky notes outlining our various tasks, local volunteers and principals kept busy preparing salads and pasta, cutting up vegetables, and setting up tables for the evening event. New this year was the presence of Lifetouch Photos. Families had fun having their picture taken and money raised from this went directly back to the schools. This event couldn't take place without our generous donors, volunteers, principals, staff, and of course all those who purchased tickets to the event. Thank you for your support! See you next year.



Special thank you to all of our local farmers! They have been very patient and generous with our programs. We appreciate the long hours and hard work that you do to grow our food. We look forward to expanding our Farm to School programs! Watch for more information on this as we take the next step by coming out to all programs in the near future. This program expansion has been made possible through funding from Ontario Power Generation...



First Ontario Credit Union

The Blue Wave is a volunteer organization that employees of First Ontario Credit Union can join. In total, there are 12 Blue Wave volunteers that offer support one day per week at a local student nutrition program before heading into their workplace.

Two volunteers, Denise Weaver and Dorothy Biggar, from the Cayuga branch of First Ontario Credit Union are volunteering for the Breakfast Club program at J. L. Mitchener School. They are thoroughly enjoying the chance to be involved with this program.

Quote from Dorothy Biggar: *"The students are amazing... so polite, so respectful and a great deal of fun... Denise and I are most grateful for the chance to be a part of the Breakfast Club. We appreciate this opportunity to participate"*

"Our sole purpose is to make voluntary contributions of time and effort in our local communities. This Blue Wave is designed to help enhance the lives of the people in our communities and our communities themselves." **Quote from Annette Martin, branch manager for First Ontario**

CNN is thrilled that the First Ontario Blue Wave program is rolling into some schools to provide volunteer support for the nutrition program.

Quote from Paula Sue Rasokas, Principal of Bloomsburg Public School:

"We really appreciate the volunteers. They make providing breakfast to our students much easier for us to do. As well, we very much appreciate the crockpot First Ontario donated to us. We had oatmeal for the kids for the first time today!"



CNN Annual Volunteer Appreciation:

It's our turn to thank you! Make sure you mark off May 30th and plan to attend the network's annual volunteer appreciation luncheon.



CHILD NUTRITION NETWORK



Haldimand-Norfolk REACH
supporting children, families, communities

Volunteer Appreciation Lunch

Program Highlights

- Hands on demonstration from Janice French, local card maker and stamper
- Gift presentation: Farm to School, taking the next step....
- Funding Update
- Light lunch provided

Date: Thursday, May 30th, 2013
Time: 11:00 a.m. — 1:30 p.m.
Location: Wesley United Church, 17 Church St., Jarvis

All student nutrition program volunteers welcome to attend!

To register or for more information please call
Darlene Edmonds at 1-800-265- 0057 ext 321
dedmonds@hnreach.on.ca
Registration Deadline: May 17th, 2013
2 volunteers per program- other names will be added to a waiting list

The CNN Nutrition Network includes members from Haldimand-Norfolk REACH (sponsor agency), Haldimand-Norfolk Health Unit, West Memorial Hospital and the community. The Student Nutrition Program is a provincial initiative funded by the Ontario Ministry of Children and Youth Services (MCYS) and administered regionally and locally by Haldimand-Norfolk REACH.

2nd Annual Country Breakfast

Once again, early in the morning on April 18th close to 100 people joined us at Springview Farm Golf Course in Waterford, for our Farm to School Fundraiser. This year's event again raised close to \$10,000.00, which will go back into the purchase of local farm fresh produce.

Breakfast included eggs from Burnbrae Farms, English Muffins from Oak Run Bakery, Waffles from Western, Sweet Potato Home fries and Sweet Potato Latkes from Round Plains, Fruit Smoothies from IUGO (made by Waterford DHS and Simcoe C.S.S.), Apple Compote made by Simcoe Composite School and coffee from Personal Coffee Service.

Special thanks to Tracy and Shelley Boerkamp who once again hosted and supported our event.



Country Breakfast Planning Committee



Grand Erie District SB Educators with Haldimand Federation of Agriculture

Upcoming events.....

- 2nd Annual Dunnville Spaghetti Dinner November 2013
- 10th Annual Simcoe Spaghetti Dinner March 2014
- 3rd Annual Country Breakfast, Wednesday April 16, 2014 @ Springview Farms Golf Course, Waterford

CNN will be looking for volunteers from programs, businesses and community to help plan these events. Please contact Darlene Edmonds, if you would like to join us on one of these event planning teams. dedmonds@hnreach.on.ca

Web tracker update:

The on line grant renewal component of the system will be available for current programs beginning the week of May 27th. Program data for May must be entered prior to completing the renewal. Darlene Edmonds, Karen Allen and Carrie Van Wynsberghe will be connecting with all programs over the next few weeks.

A Special Thanks to all our donors!

The Child Nutrition Network is pleased to recognize a number of ongoing contributors that continue to provide support for our programs.

- The Child Nutrition Network would like to recognize the Simcoe and Caledonia **Scotia Bank** branches for their ongoing support. Almost \$10,000 has been donated to the network this year. As the number of local programs continues to grow, the network is grateful for the ongoing commitment provided by Scotia Bank.

Rotary Apple Program

- Beginning in 2006, Rotary Clubs across Haldimand and Norfolk have provided funding for the Rotary Apple Program. This program provided all programs with additional funding to purchase fresh local apples for use in their student nutrition programs. For 2012-13 donations were received from the following Rotary Clubs:

Norfolk Sunrise; Rotary Club of Delhi; Dunnville Rotary; Caledonia Rotary and the Rotary Club of Simcoe

This year with the national shortage of local apples, we have not promoted this program. However we are very grateful for the funding.

We are looking forward to connecting and meeting with all of the local Rotary Clubs to re-launch this program for this coming school year 2013-2014.

- Special thanks to the **Norfolk Fruit Growers Association** for keeping a few of our programs supplied with local apples as long as they could. The great size and price make it a perfect 'bite' for the Rotary Apple Program.

Ron and Nancy Clark Foundation

- This local foundation has provided ongoing support to the network since 2006. A generous donation of \$5,000 was recently received by the network.

Breakfast Clubs of Canada

- As part of CNN's ongoing partnership with Breakfast Clubs of Canada, the final 2012-13 funding of \$11,000 has been received.

Breakfast for Learning

- The network received \$11,900 in cash and gift card support for 7 local programs the 2012-13 school year. An additional \$4,500 in gift card support was provided to 10 local programs.

Spaghetti Dinner, Simcoe

The 9th annual Child Nutrition Network spaghetti dinner was held March 19th and close to \$5,000 was raised to support student nutrition programs at the following

schools: Lynndale Heights, Elgin Avenue, Doverwood and West Lynn public schools, St Joseph's and St. Cecilia's separate schools and Simcoe Composite Secondary school. Many thanks to the parents school staff, and Rotary club members who volunteered their time to prepare and serve the meal. Many thanks as well to the following local businesses who provided donations and/or financial support for this event.

- Life Touch Canada
- Scotia Bank, Simcoe
- Kwic Internet
- Sobeys Simcoe
- The Real Canadian Superstore
- Richview Acres
- VG Packers
- Food Basics Simcoe
- Roulston's Drug Store
- Jensen's Cheese
- Blue Elephant
- Delbeck Sales Ltd
- Jeff Goble Agency Incorp.
- Giant Tiger
- Carstar Collision Pro
- Hank Dekonig Ltd
- Royal Bank of Canada
- Townsend Butchers
- McKay Insurance and Financial Services
- Unilever Canada Inc.
- McDonalds Norfolk Family Restaurant
- Terry Wilson, the Cooperators

2nd Annual Country Breakfast

Country Breakfast Contributors included the following:

- Ontario Power Generation
- Scotia Bank, Simcoe
- First Ontario Credit Unions
- Esso, Imperial Oil
- Sovereign Foods
- Norfolk Tractor
- Deb Canada
- Millard Rouse & Rosebrugh

Special thanks for the following businesses who donated food and/or provided services for the event:

- Round Plains
- Oakrun Farm Bakery
- Burnbrae Farms
- Personal Service Coffee
- Western Waffles
- Waterford District SS
- Simcoe Composite SS
- Ultima Foods
- Annex Business Media
- Carruthers Printing
- Springview Farm Golf Course

New Contributor

The Network is pleased to announce that a generous donation was recently received by the **Haldimand Curling Club** following their annual dinner. Special thanks to Kate Head, club secretary and members for choosing to support local nutrition programs.

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CHILD NUTRITION
NETWORK



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