



VOLUME #7

WINTER 2013

HALDIMAND-NORFOLK HEALTH UNIT

# NURSES' notes



## Influenza Season 2012-13

The influenza season has certainly presented early this year; we have already experienced 5 Influenza A confirmed outbreaks in Haldimand-Norfolk and 22 confirmed community sporadic cases. There has been one community case of Influenza B as well.

The Ministry of Health and Long Term Care has a presentation, "**Influenza 2012-2013: an update for nurses**". This presentation is a great overview of the essential role nurses play, as Debra Bournes, Provincial Chief Nursing Officer states

*"nurses play a vital role in the provision of health care for the people of Ontario. They spend a lot of time with patients and families and often become a trusted source for health advice and guidance. Nurses have a unique opportunity to talk with people about the benefits of getting the flu shot. They can also take responsibility to help prevent the spread of flu and to protect the patients they care for by being immunized themselves."*

This presentation can be found at <http://ihc.articulate-online.com/p/2190387028/DocumentViewRouter.aspx?Cust=21903&DocumentID=ef902cbl-c851-406f-af-11ab57d49188&Popped=True&&InitialPage=player.html>

## New to Haldimand Norfolk- Regional HIV/AIDS Worker



There has not been presence in the Haldimand-Norfolk area from the AIDS Network which is located in Hamilton, which has meant that our residents have had to travel to access these services. With the new Regional HIV/AIDS worker for Brant, Haldimand-Norfolk this does not have to happen as often. Natalie Lazier has accepted the HIV/AIDS worker position and is available as resource for clients/patient to be referred. She can also provide the following services and support for people living with HIV/AIDS:

- Counselling
- Support for people living with and affected by HIV
- Training and education
- Linking to community agencies and resources
- Volunteer training for PHA's
- Training and education provided to community agencies and groups.

Natalie can meet clients/patients where they live if needed as well. This could be at home, hospital, office locations throughout Halidmand-Norfolk. All services are free, confidential and available by appointment.

*Natalie can be reached at:*

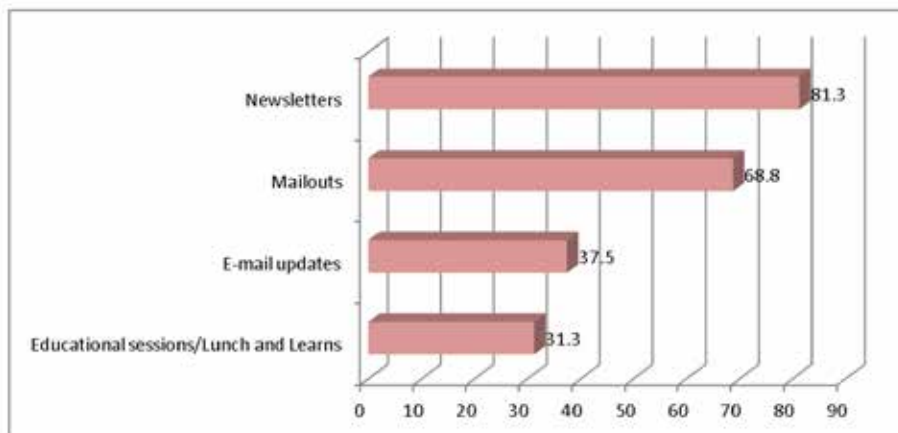
226-388-3559 • Toll free: 1-866-563-0563 • Fax: 905-528-6311  
nlazier@aidsnetwork.ca

## Survey Results Summary

- 20 participants completed the survey
- 100% reported that the physicians Newsletter and Nurses Notes were useful
- The preferred method of communication was newsletter

**Figure 1: Preferred Method of Communication**

**(Q. How would you prefer to receive information from us?)**

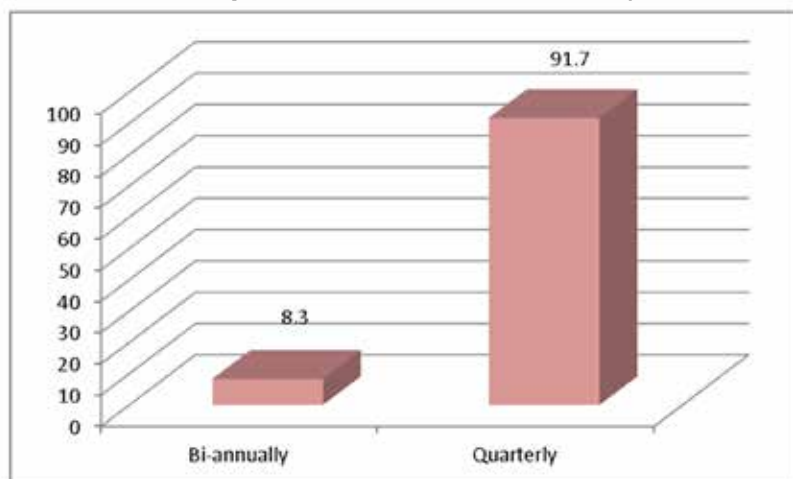


Data Notes: Newsletters (n=13), Mailouts (n=11), E-mail (n=6), and Educational Sessions (n=5)

- The topics suggested included infection prevention and control, sexual health, vaccine/immunization, tuberculosis and other suggestions include nutrition, safety and development.
- The quarterly distribution was deemed the preferable duration and will continue

**Figure 4: Preferred Frequency to Receive Newsletters**

**(Q. How often would you like to receive newsletters?)**



Data Notes: Bi-annually (n=1), Quarterly (n=11), Annually (n=0), Other (n=0).



For those of you who wished to receive email updates, please e-mail Stacey Guthrie at [stacey.guthrie@hnhu.org](mailto:stacey.guthrie@hnhu.org) with your e-mail address and contact information, name, office, etc.

**THANK YOU** again to all those who participated, the **WINNERS** of the draw were **SARA REDECOP** and **ANDREA ANBENTHEN....** they each **WON** a **\$25 Tim Horton's gift card.** **CONGRATS!**

