

Alcohol Drinking Status – Statistics in Haldimand and Norfolk

- ❖ 66% of Haldimand and Norfolk residents, aged 19 years and older, were regular drinkers compared to 60.5% of Ontario residents (2013-14).
- ❖ Almost half (47%) of Haldimand and Norfolk residents reported exceeding either of the LRADGs (#1 and/or #2) compared to 42.6% of Ontario residents (2013-14).
- ❖ The heavy drinking rate was 19.8% in Haldimand and Norfolk, compared to 16.6% in the province (2013-14).
- ❖ 30% of underage residents (aged 12-18) in Haldimand and Norfolk reported drinking, compared to 31% in the province (2013-14).
- ❖ Since 2007 to 2008, the percentage of underage drinking has declined in Haldimand Norfolk (57.5% to 30% in 2013/14). Percentages have also declined in the province (2003 to 2013/14).

Self-Reported Type of Drinker, Adults (19+ Years of Age), Haldimand and Norfolk and Ontario, 2013-2014

Type of Drinker	H-N (%, 95% CI)	ON (%, 95% CI)
Regular - at least one drink a month	66 (61.3-70.7)	60.5 (59.5-61.4)
Occasional - drinks less than once per month	17.7 (14.0-21.4)	17.4 (16.7-18.1)
No Drink in the Last 12 Months	16.3 (12.5-20.1)	22.2 (21.3-23.0)

Source: Canadian Community Health Survey 2013-2014. Statistics Canada, Share File, Knowledge Management and Reporting Branch, Ontario MOHLTC.

Self-Reported Crude Rate of Exceeding the Low-Risk Alcohol Drinking Guideline for Chronic Disease, Haldimand and Norfolk and Ontario, 2003, 2005, 2007/08, 2009/2010, 2011/12, 2013/14

	2003 (%, 95% CI)	2005 (%, 95% CI)	2007/2008 (%, 95% CI)	2009/2010 (%, 95% CI)	2011/2012 (%, 95% CI)	2013/2014 (%, 95% CI)
HN	25.0 (20.6-29.3)	30.1 (25.5-34.7)	31.4 (26.4-36.4)	25.2 (19.9-30.5)	20.6 (15.3-25.8)	24.2 (18.9-29.5)
Ontario	23.2	24.2	23.4	22.3	23	20.6

	(22.5-23.9)	(23.5-24.8)	(22.7-24.1)	(21.5-23.0)	(22.1-23.8)	(19.9-21.4)
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Data Source: Public Health Ontario. Snapshots: Ontario and Haldimand and Norfolk Public Health Unit: Self-reported rate of exceeding the low-risk alcohol drinking guideline for chronic disease (both sexes, males, females) (2003, 2005, 2007/08, 2009/10, 2011/12, 2012/14). Toronto ON: Ontario Agency for Health Protection and Promotion; 2017 Jan 4. Available from: <https://www.publichealthontario.ca/en/DataAndAnalytics/Snapshots/Pages/Health-Behaviours---Alcohol-Use.aspx>

Self-Reported Crude Rate of Exceeding the Low-Risk Alcohol Drinking Guideline for Injury, Haldimand and Norfolk and Ontario, 2003, 2005, 2007/08, 2009/2010, 2011/12, 2013/14

	2003 (%, 95% CI)	2005 (%, 95% CI)	2007/2008 (%, 95% CI)	2009/2010 (%, 95% CI)	2011/2012 (%, 95% CI)	2013/2014 (%, 95% CI)
HN	42.3 (37.8-46.8)	42.5 (38.3-46.7)	42.6 (38.3-47.0)	43.9 (38.8-48.9)	41.5 (35.6-47.4)	43.8 (39.5-48.2)
Ontario	36.2 (35.4-36.9)	36.9 (36.1-37.6)	35.2 (34.3-36.0)	36.2 (35.4-37.0)	37.4 (36.5-38.3)	39.5 (38.6-40.3)

Data Source: Canadian Community Health Survey 2003-2014. Statistics Canada, Share File, Knowledge Management and Reporting Branch, Ontario MOHLTC..

Self-Reported Rate of Exceeding Either Low-Risk Alcohol Drinking Guideline, Haldimand and Norfolk and Ontario, 2003, 2005, 2007/08, 2009/2010, 2011/12, 2013/14

	2003 (%, 95% CI)	2005 (%, 95% CI)	2007/2008 (%, 95% CI)	2009/2010 (%, 95% CI)	2011/2012 (%, 95% CI)	2013/2014 (%, 95% CI)
HN	46.5 (42.5-50.5)	46.8 (42.5-51.2)	49 (44.4-53.6)	48.6 (43.4-53.7)	45.3 (38.7-51.9)	47 (42.2-51.8)
Ontario	41.5 (40.7-42.3)	42.2 (41.4-43.0)	40.7 (39.9-41.6)	41 (40.1-41.9)	42.1 (41.1-43.1)	42.6 (41.7-43.5)

Data Source: Public Health Ontario. Snapshots: Ontario and Haldimand and Norfolk Public Health Unit: Self-reported rate of exceeding either low-risk alcohol drinking guideline (both sexes, males, females) (2003, 2005, 2007/08, 2009/10, 2011/12, 2012/14). Toronto ON: Ontario Agency for Health Protection and Promotion; 2017 Jan 4. Available from: <https://www.publichealthontario.ca/en/DataAndAnalytics/Snapshots/Pages/Health-Behaviours---Alcohol-Use.aspx>

Self-Reported Heavy Drinking Rate, Haldimand and Norfolk and Ontario, 2013-2014

	Non-Heavy Drinking Rate (%, 95% CI)	Heavy Drinking Rate (%, 95% CI)
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Haldimand and Norfolk	58.0 (52.3-63.6)	19.8 (15.5-24.1)
Ontario	56.6 (55.6-57.5)	16.6 (16.0-17.3)

Data Source: Canadian Community Health Survey 2013-2014. Statistics Canada, Share File, Knowledge Management and Reporting Branch, Ontario MOHLTC.

Self-Reported Underage (Age 12-18) Drinking Rate, Haldimand and Norfolk and Ontario, 2003, 2005, 2007/08, 2009/2010, 2011/12, 2013/14

	2003 (%, 95% CI)	2005 (%, 95% CI)	2007/2008 (%, 95% CI)	2009/2010 (%, 95% CI)	2011/2012 (%, 95% CI)	2013/2014 (%, 95% CI)
HN	44.4 (31.7-57.0)	45.3 (29.1-61.6)	57.5 (45.5-69.5)	52.5 (36.7-68.3)	*39.6 (23.8-55.3)	*30.3 (16.3-44.2)
Ontario	42.3 (40.3-44.2)	41.7 (39.7-43.7)	39.8 (37.5-42.0)	37.2 (35-39.4)	36.6 (34.3-39.0)	31.0 (28.8-33.3)

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