

March 19, 2020

To: Employers and Supervisors in Haldimand and Norfolk Counties

RE: COVID-19 Pandemic Advisory Notice

Due to the COVID-19 Pandemic, Haldimand- Norfolk Health Unit (HNHU) is advising the following:

All persons who have travelled outside of Canada and returned on or after March 14, 2020 should self-isolate at home for 14 days from the date of their return. Persons under self-isolation should not attend work, school, and public gatherings or take public transportation. In addition to this, people under self-isolation should self-monitor for symptoms related to COVID-19.

If anyone develops acute respiratory symptoms such as fever, cough or shortness of breath, they should contact our HNHU or their local public health department.

Anyone who requires medical assistance due to COVID-19 related symptoms, should call ahead to report to their medical provider or medical facility. If a person's health condition declines and they need to travel to the emergency department, they should use private transportation.

Sincerely,



Dr. Shanker Nesathurai, MD, MPH, FRCPC
Medical Officer of Health
Haldimand-Norfolk Health and Social Services