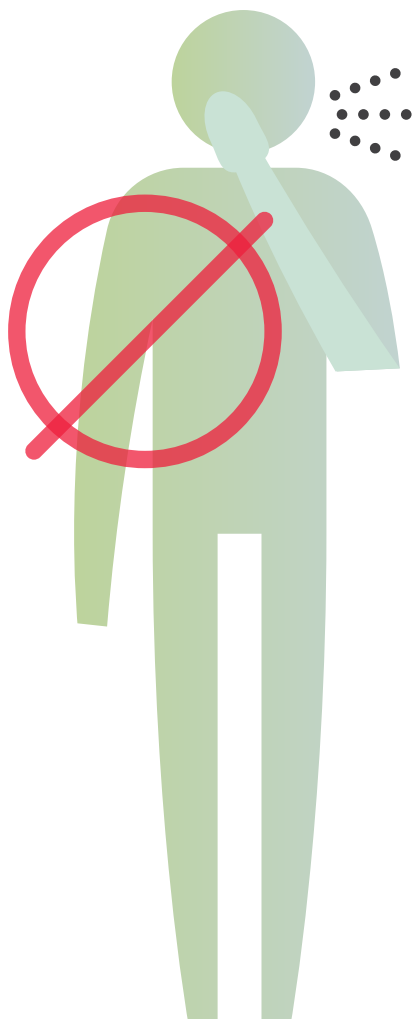


COVER YOUR COUGH OR SNEEZE



X

**DO NOT COUGH
OR SNEEZE INTO
YOUR HANDS**



**COUGH AND
SNEEZE INTO
YOUR ELBOW**

— WASH YOUR HANDS AFTER COUGHING OR SNEEZING AND **BEFORE** TOUCHING YOUR FACE! —

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Health and
Social Services
Halimand and Norfolk