

# DIAPER CHANGING PROCEDURE



**1** Wash your hands with soap.



**2** Optional: Place a disposable cover, common changing pad, or individual changing pad on the changing surface. If parents approved the use of skin care products, prepare them now. Use a disposable applicator and place the amount required of the skin care product on the applicator.



**3** Place the child on the changing surface. Remove soiled diaper. If pins are used, close and place out of the child's reach. Set aside soiled diaper and clothes (with soiled surface folded inward).



**4** Clean the child's bottom using a damp disposable towel or cloth towel moving from front to back.



**5** Throw out the disposable towel in a plastic lined garbage container and close the lid. If using cloth towels, place them in the laundry pail and close the lid.



**6** For a disposable diaper, discard in a plastic lined garbage container. For soiled cloth diapers and clothing, place in a labelled, sealable plastic bag that the child's parent/guardian can take home each day.



**7** Place the clean diaper under the child. If skin care products are used, apply them with the applicator already prepared. Diaper and dress the child. Wash the child's hands and your own.



**8** Wash your hands and the child's hands



**9** If using a disposable surface cover, throw it out in the garbage container after each use. If using an individual changing pad, clean and sanitize it after each use. If not soiled, return the sanitized changing pad to the child's diaper compartment. If soiled, place the sanitized pad in the laundry pail and launder. If using a common changing pad, clean and sanitize it after each use. If soiled, place the sanitized pad in the laundry pail and launder. Clean and sanitize the changing surface.



**10** Wash your hands again



**11** Record unusual bowel movements or skin conditions in the child's record.

