



This brochure was developed by:



If your child has
some of these
BEHAVIOURS
and you would like more
INFORMATION
please call the...

PARENT INFO LINE
1-866-463-2759

- Centre for Addiction and Mental Health
- Haldimand-Norfolk Health Unit
- Haldimand-Norfolk Women's Services
- Haldimand-Norfolk Community Action Program for Children
- Community Addictions and Mental Health Services of Haldimand-Norfolk
- Preschool Speech and Language Program
- Haldimand-Norfolk R.E.A.C.H.
- Ministry of Community Safety and Correctional Services
- Brant Haldimand-Norfolk Catholic District School Board
- Canadian Mental Health Association, Haldimand-Norfolk
- Community Members
- Children's Aid Society of Haldimand-Norfolk

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do you have
QUESTIONS
about your child's
BEHAVIOUR



Fetal Alcohol Spectrum DISORDER



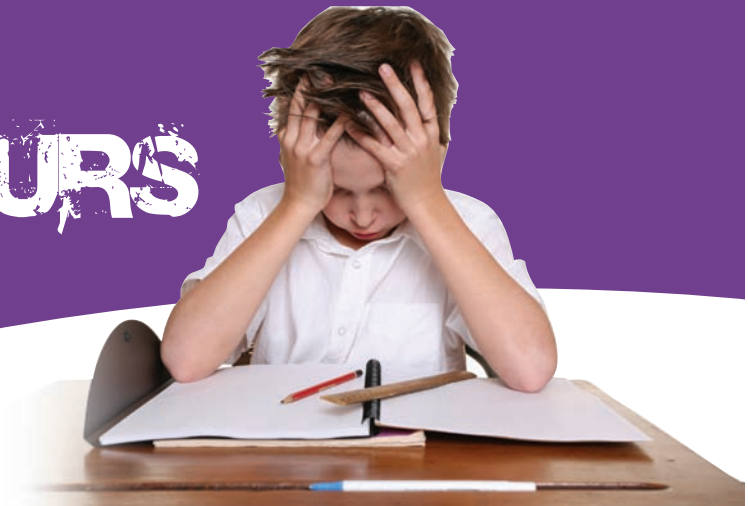
FASD is the term now used to identify what was formerly known as:

- FAS/FAE (Fetal Alcohol Syndrome/Fetal Alcohol Effects)
- ARBD (Alcohol-Related Birth Defects)
- ARND (Alcohol-Related Neurodevelopmental Disorder)

Fetal Alcohol Spectrum Disorder is a combination of physical and mental birth defects that may develop in children whose mothers drank alcohol during pregnancy.

FASD is a problem found in all races and socio-economic groups.

have you noticed these **BEHAVIOURS** in your **CHILD**



Some of these behaviours could be seen in children with Fetal Alcohol Spectrum Disorder.

- Difficulty paying attention
- Unable to sit still
- Poor problem-solving skills/unaware of consequences of actions
- Resists change/prefers routine
- Needs reminders for basic activities at home and at school
- Difficulty learning new things/forgets skill already learned
- Problems with sleeping and/or eating
- Impulsive
- Unable to share, wait for turn, follow rules, or cooperate
- Problems bonding with caregivers
- Does not like to play alone
- Often aggressive and physical
- Poor social skills – difficulty making/keeping friends
- Overly friendly and affectionate
- More vulnerable to be victimized by strangers
- Easily frustrated/has temper tantrums/ melt downs
- Hyperactive/requires constant supervision
- Difficulty understanding feelings
- Low self-esteem
- Sensitive to sights, sounds and touch
- Does not understand danger
- Over-reacts/under-reacts to pain

Talk to your doctor about your concerns.