

MEAL PROGRAMS

PROGRAM INFORMATION	WHERE AND WHEN	SERVICE DETAILS
First Serving Community Meals at First Baptist Church Project of Church Out Serving 226-534-1520	First Baptist Church of Simcoe, 129 Young St., Simcoe Monday & Friday - 11 a.m. - 12p.m.	A free, drop-in community hot lunch. Dine-in or take-out available. Wheelchair accessible at Talbot St. entrance. Open all year, including holidays.
Home for the Night (Shelter) at First Baptist Church Project of Church Out Serving	First Baptist Church of Simcoe 129 Young St., Simcoe Every night of the week. Intake and dinner 8 - 11 p.m. with overnight accommodation. Continental breakfast 6:30 - 8 a.m. for guests who have stayed the night.	Serving residents of Haldimand and Norfolk Counties experiencing homelessness. Open year round, including holidays.
Home for the Night (Shelter) Day Program Project of Church Out Serving: 519-428-1637	First Baptist Church of Simcoe 129 Young St., Simcoe Hot lunches served Tuesday and Saturday at 11 a.m.	Serving residents of Haldimand and Norfolk Counties experiencing homelessness. Open year round, including holidays.
St. Vincent de Paul Soup Kitchen Office: 519-426-0887	Trinity Anglican Church, 80 Colborne St S, Simcoe Tuesday, Wednesday, Thursday October to April (closed for the summer) 12 - 1 p.m.	Free, drop-in community lunch. Wheelchair accessible.
Salvation Army Community & Family Services - Community Lunch 519-426-3640 or 226-567-0255	184 Colbourne St. North, Simcoe May to September (Summer only) Tuesdays at 11:30 am	Free, takeout lunch. Wheelchair accessible.
Caring for the Core Community Lunch 519-426-0501	Trinity Anglican Church 80 Colborne St. S., Simcoe May to end of September Thursdays 11:30 a.m. – 12:30 p.m.	Free, drop-in community lunch. Wheelchair accessible.
Waterford United Church Community Supper 519-443-5261	Waterford United Church 135 Main St. S., Waterford 1st Wednesday of every month 5 – 6 p.m.	Free, drop-in community supper. Wheelchair accessible.
Church Out Serving Ice Box Program churchoutserving@gmail.com	Frozen meals delivered on Fridays. Email churchoutserving@gmail.com requesting food assistance, by referral.	Frozen meals for seniors and people experiencing critical health concerns that are food insecure and UNABLE to cook for themselves. Service is provided after screening and intake process.
Riversyde 83 Café Pay What You Can - \$2 menu Project of Church Out Serving	Serves all of Norfolk County. Deliveries Monday – Friday	For seniors 60+ and adults 18+ with disabilities who are clients of Haldimand-Norfolk Community Senior Support Services Inc. Healthy prepared meals are delivered 1 – 5 times/week to the homes of clients in need for a fee.
Meals on Wheels - Haldimand-Norfolk Community Senior Support Services Inc. Serves all of Norfolk County 1-800-265-2818	Deliveries Monday – Friday	For seniors 60+ and adults 18+ with disabilities who are clients of Haldimand-Norfolk Community Senior Support Services Inc. Healthy prepared meals are delivered 1 – 5 times/week to the homes of clients in need for a fee.
Diner's Club Haldimand-Norfolk Community Senior Support Services Inc. 1-866-529-0849	Monthly meals: Simcoe – 2nd Tuesday St. Williams – 2nd Wednesday Delhi – 4th Thursday Waterford – 3rd Tuesday Port Dover – 4th Tuesday	For seniors 60+ who are clients of Haldimand-Norfolk Community Senior Support Services Inc. Nutritious meal, socialization and entertainment. Transportation available. \$11 – meal only \$13 – meal + transportation



*This list may not be complete. It is meant to be a useful guide for persons in immediate need of food.

*Many churches also offer a variety of services to neighbours with need.

*For more information about a specific program, please call the contact numbers listed.

If you have updates for this list, please email churchoutserving@gmail.com, or call Grand Erie Public Health at 519-900-9600 (Haldimand-Norfolk) and ask to speak with a Registered Dietitian.

GRAND ERIE
PUBLIC HEALTH

www.geph.ca

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www.churchoutserving.org

Food in
Norfolk

Emergency &
Low Cost Support

2025-2026 EDITION



EMERGENCY FOOD SERVICES

PROGRAM INFORMATION		WHERE AND WHEN	SERVICE DETAILS
Church Out Serving Mobile Food Program (Food Hampers) 226-534-1520 (call or text) churchoutserving@gmail.com		Delivered on Fridays.	For seniors and those with critical health concerns facing food insecurity, but able to still cook. Service is provided after screening and intake process. Must email requesting food assistance, by referral.
Delhi Sharing Pantry Serves Delhi, Teeterville and surrounding areas. 519-582-2559 (Ruth)		144 Western Ave., Delhi (the old Laugh and Learn day-care building at the end of the arena parking lot.) Thursdays 1 – 3 p.m. Call for emergency food.	Emergency supply of food available to those in need at no cost. All in need of assistance are eligible once a month. Clients must show ID and proof of address when registering for the first time.
Life Line Food Bank Serves Port Dover. 519-909-2845 portdoverfoodbank@gmail.com		215 Market St E, Unit B, Port Dover Tuesdays 9 - 11:45 a.m.	Emergency supply of food available to those in need at no cost. Wheelchair accessible. Clients must complete an application form, show 1 piece of ID, proof of income, rent/mortgage payment and utility bills.
Mission Food Bank (St. Williams) Serves Clear Creek, Houghton, Langton, Port Rowan, St. Williams and Walsingham 519-586-3003 - Mailing address for donations: PO Box 265 Port Rowan NOE1M0		67 Queen St. W., St. Williams (former school building) 1st and 3rd Tuesday of the month 10 a.m. – 12 p.m.	Emergency supply of food available to those in need at no cost. Wheelchair accessible. All in need of assistance are eligible twice a month. Clients must show proof of address, income and rent/mortgage payment.
Salvation Army Community & Family Services Food Bank Serves Norfolk County, as well as Jarvis, Townsend, Selkirk and Nanticoke. 519-426-3640 or 226-567-0255 simcoe.cfs@salvationarmy.ca		184 Colborne St. North, Simcoe Call for appointment Tuesday, Wednesday, Thursday 1 - 4 p.m. Closed on holidays.	Emergency supply of food and other necessities available to those in need at no cost. Wheelchair accessible. All in need of assistance are eligible twice a month. Clients must show proof of address, income and rent/mortgage payment.
Simcoe Caring Cupboard Serves Simcoe, Renton, Normandale and Turkey Point. 519-428-1713 In emergency: 519-410-2068		23 Kent St. S., Simcoe Donations accepted: Wed. 8 – 9:30 a.m. Clients served: Thurs. 8:15 a.m. – 12 p.m.	Walk-in (no appointment needed) emergency supply of food available at no cost. Frequency of service is based on income. Clients must show ID, proof of income, rent/mortgage payment, utility bills and drug card (if on assistance).
St. Vincent de Paul Delhi Serves Delhi. 519-426-0887 ext. 7239 Leave a voice message requesting food assistance.		Our Lady, Queen of Martyr's Parish, Delhi Deliveries Tuesday and Thursday 8:30 a.m. - 4:30 p.m.	Emergency supply of food and/or grocery store vouchers delivered to homes of those in need at no cost.
Port Dover/Walsh Serves Port Dover, Walsh and surrounding areas. 519-426-0887 ext. 4238 Leave a voice message requesting food assistance.		St. Cecilia's Roman Catholic Church, Port Dover St. Michael's Church, Walsh Deliveries as needed.	No restrictions. All in need of assistance are eligible once every 2 months. Someone must be home to receive food/vouchers. A phone number must be provided.
Simcoe Serves Simcoe and Waterford. 519-426-0887 ext. 4239 - Leave a voice message requesting food assistance.		St. Mary's Church, Simcoe Deliveries Tuesday and Thursday 8:30 a.m. - 4:30 p.m.	Emergency supply of food available to those in need at no cost. Not wheelchair accessible, but a staff member or the client's family member can access food on their behalf.
Waterford and District Food Cupboard Serves Waterford, Bloomsburg, Vanessa, Wilsonville, Hartford and Villa Nova. 519-443-5307		61 St. James St. S., Waterford (rear entrance) Clients served: Wednesdays 7 - 8 p.m. Donations accepted: Mondays 8:30 - 11a.m.	All in need of assistance are eligible once a month. Clients must complete an application form and show proof of address and ID for all family members.

COMMUNITY GARDENS

PROGRAM INFORMATION	WHERE AND WHEN	SERVICE DETAILS
The John Race Memorial Community Garden, 519-443-4807 (Dave) dzeldon@hotmail.com 519-410-2027 (John)	Gilbertson Drive, Simcoe Open May to October	Limit of 1 plot per gardener, if available. Plots are \$20 plus \$10 deposit.
The Gathering Food Gardens Project of Church Out Serving 519-428-1637	Five locations across Simcoe.	All food grown is donated. Contact number provided for those interested in getting involved with the program.

COMMUNITY KITCHENS AND FOOD SKILL PROGRAMS

PROGRAM INFORMATION	WHERE AND WHEN	SERVICE DETAILS
Riversyde 83 Community Kitchen 519-428-1637 www.riversyde83.ca	83 Sydenham Street, Simcoe See website for details.	All skill levels welcome. Classes range from food preservation to preparation to presentation.

PRENATAL NUTRITION PROGRAMS

PROGRAM INFORMATION	WHERE AND WHEN	SERVICE DETAILS
Haldimand-Norfolk REACH Healthy Moms Eating Well for 2 519-587-2441 or 1-800-265-8087 ext. 407	Program delivered at home as needed.	Free home visiting program providing food gift cards, prenatal vitamins and counselling from a dietitian.
Baby Be Healthy (Sobey's Pharmacy) 519-426-6773 www.sobeyspharmacy.com/bbh	438 Norfolk St, Simcoe Open 7 days a week, apply online or in-store.	Free prenatal vitamins for people who are pregnant or planning on becoming pregnant.