



GRAND ERIE PUBLIC HEALTH

PREVENTING MEASLES IN OUR COMMUNITY

What is measles?

Measles is a highly contagious virus that is transmitted by breathing in air that contains the virus. The measles virus can live in the air or on surfaces for up to two hours after an infected person has coughed, sneezed, or even breathed.

How to prevent measles

The best protection against measles is vaccination, with two doses providing almost 100% protection. **The measles (MMR) vaccine is safe and effective.**

Please contact your health care provider if you're unsure of the status of your family's immunization records.

Scan the QR code to learn more about measles, assess if you've been exposed, or book a vaccine appointment in your area.

Brantford-Brant



Haldimand-Norfolk

