is an antidote for opioids which can include:

- Codeine
- Demerol
- Hydromorphone
- Heroin
- Oxycodone
- Dilaudid
- Morphine
- Buprenorphine
- Fentanyl
- Methadone

Signs of an Overdose

- Soft/no breath or snoring
- Pinpoint pupils
- Blue lips, nails or skin
- Cold, clammy skin
- Limp body
- Doesn't respond to shouting

Shake shoulders and shout name.

Call 911 if unresponsive.

*Note: Canadian Law protects you from possession charges when you report an overdose*

Draw up 1 vial of naloxone into syringe and inject into arm or leg.

(Dispose of needle in an appropriate sharps container)

If comfortable, perform rescue breathing and chest compressions.

If breathing has not improved after three to five minutes, perform step 3 and 4 again.

If breathing has resumed, place in recovery position.

- Hand supports the head.
- Head should be tilted back slightly.
- Knee stops body from rolling onto stomach.

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