Healthy School Action Plan

School:	School year:
Plan completed by:	
Health topic/area of focus:	Teaching & Learning
Goal:	
	Social & Physical Student Engagement
	Environments











Activity #1_____

Healthy School Foundations Addressed:	Home, School & Community Partnerships	School & Classroom Leadership Student Engagement
	Curriculum, Teaching & Learning	Social & Physical Environments
What will success look like? (Be specific. e.g. 50 more		
students walk or bike to school)		

Task	Person(s) Responsible	Deadline	Budget or Resources Needed	Task Status NS = not started IP = in progress C = complete	How did it go? (e.g. How many people were there, what was created, what did you learn, what was given out, etc.)













Task	Person(s) Responsible	Deadline	Budget or Resources Needed	Task Status NS = not started IP = in progress C = complete	How did it go? (e.g. How many people were there, what was created, what did you learn, what was given out, etc.)	















Activity #2_____

Healthy School Foundations Addressed:	Home, School & CommunityPartnershipsCurriculum, Teaching & Learning	School & Classroom LeadershipStudent EngagementSocial & Physical Environments
What will success look like? (Be specific. e.g. 50 more students walk or bike to school)		

Task	Person(s) Responsible	Deadline	Budget or Resources Needed	Task Status NS = not started IP = in progress C = complete	How did it go? (e.g. How many people were there, what was created, what did you learn, what was given out, etc.)















Activity #3____

Healthy School Foundations Addressed:	Home, School & Community Partnerships	School & Classroom Leadership Student Engagement
Touridations Addressed.	Curriculum, Teaching & Learning	Social & Physical Environments
What will success look like? (Be specific. e.g. 50 more		
students walk or bike to school)		

Task	Person(s) Responsible	Deadline	Budget or Resources Needed	Task Status NS = not started IP = in progress C = complete	How did it go? (e.g. How many people were there, what was created, what did you learn, what was given out, etc.)













Foundations of a Healthy School



Curriculum, Teaching and Learning

• Combining classroom learning with other formal and informal resources and activities to help students, and staff, gain skills and knowledge related to their health

School and Classroom Leadership Developing guidelines, rules and policies that help shape a caring, safe and healthy school setting for students and staff

Student Engagement

 Offering opportunities and encouragement for students to be active leaders and contributors in the quest to make themselves, their peers and their school community healthier

Social and Physical Environments

 Creating a social climate and physical environment (e.g. playgrounds, school building, sidewalks, etc.) at the school which support healthy choices

Home, School and Community Partnerships

 Making strong connections between schools, families, community groups, public health and others who support student health

Jot your thoughts!

Doodle your ideas!



