

# HOW TO PROPERLY WEAR A MASK

1



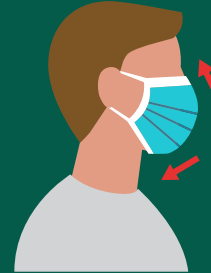
Wash or sanitize your hands before putting on the mask.

2



Hold the mask only by the ear loops and place them over your ears.

3



Gently adjust the mask to ensure it fully covers your mouth, nose and around your chin. Make sure there are no gaps.

4



If there is a metal band, press it to fit the shape of your nose.

5



Avoid touching the mask once it's on.

6



Wash or sanitize your hands before removing the mask.

7



Remove the mask by only holding on the ear loops. Store re-usable masks in a clean container until you wear it again.

8



Wash or sanitize your hands after removing the mask.