

Naloxone

is an antidote for opioids which can include:

Codeine • Demerol • Hydromorphone • Heroin • Oxycodone • Dilaudid • Morphine • Buprenorphine • Fentanyl • Methadone

Signs of an Overdose



Soft/no breath
or snoring



Pinpoint
pupils



Blue lips, nails
or skin



Cold,
clammy skin



Limp
body



Doesn't respond
to shouting

Giving Naloxone by Nasal Spray



1 Shake shoulders and shout name.



2 Call 911 if unresponsive.

(*Note: Canadian Law protects you from possession charges when you report an overdose)



3 Lay person on their back, Insert **nozzle tip** into **one nostril**. Firmly press plunger.



4 Perform rescue breathing and/or chest compressions.



5 If breathing has not improved after three to five minutes, perform step 3 and 4 again.



6 If breathing has resumed, place in **recovery position**.

-Hand supports the head.

-Head should be tilted back slightly.

-Knee stops body from rolling onto stomach.



STAY UNTIL EMERGENCY SERVICES ARRIVE!
Naloxone can be administered every 3 to 4 minutes
until emergency services have arrived.

DO NOT



-Stand them up
- Put them in the bathtub/shower
-Inject stimulants (e.g. meth)