



HALDIMAND-NORFOLK
Baby-Friendly
Initiative

Sample Breastfeeding Policy

Having a breastfeed policy is an effective way to ensure that all staff are aware that the organization supports breastfeeding.

We at (name of business/organization) _____ recognize:

- That breastfeeding is a protected human right and women in Ontario have the right to breastfeed everywhere
- That breastmilk is the optimal food for healthy growth and development of infants
- That breastfeeding benefits infant and maternal health
- That breastfeeding contributes to the overall health of the community

We promote and support breastfeeding and the expression of breastmilk:

- By managers, staff, clients, customers, and volunteers

Management and staff are committed to:

- Educating new managers, staff and volunteers about this policy
- Working with breastfeeding managers and staff to determine mutually agreeable hours of work, assignments and breaks which support breastfeeding practices

