

Haldimand-Norfolk Health Unit

Symptomatic Child at Home

Decision Guide



Self-screening at home

First thing in the morning, the parent/child completes the School and Childcare Screening and follows the prompts:

<https://covid-19.ontario.ca/school-screening/>

Child is ill at home before going to school/childcare with **ANY** of the following symptoms: fever and/or chills; cough or barking cough (croup); shortness of breath; decrease or loss of taste and smell.

OR

TWO OR MORE of the following symptoms: sore throat, extreme fatigue, muscle aches/joint pain, headache, runny nose/nasal congestion and/or GI symptoms (i.e. nausea, vomiting and/or diarrhea).

YES

NO

It is highly likely the child has COVID-19

The child must isolate immediately:

- For at least **5 days** if fully vaccinated or under 12 years old
- For **10 days** if 12 years of age or older and not fully vaccinated or immunocompromised

Your child may return to school/childcare once their isolation has been completed and symptoms have been improving for at least 24 hours (or 48 hours for GI symptoms, i.e. nausea, vomiting and/or diarrhea)

All household members must isolate at home regardless of vaccination status. Guidance for individuals who have been exposed to COVID-19 can be found here:

<https://covid-19.ontario.ca/exposed>

- It is less likely that the child has COVID-19
- Self isolate until symptoms are improving for at least 24 hours (48 hours for gastrointestinal symptoms)

Household members do not need to isolate.
Siblings may continue to attend school/childcare