



Self-isolation Plan Checklist

Within 24 hours of workers arriving to your farm, please submit the following to EHTHotline@hnhss.ca:

- full name of each worker
 - date and time of arrival
 - country or origin
 - address of isolation unit
 - isolation unit type
 - name/identifier of isolation unit
- Ensure only a max of 3 seasonal workers to a bunkhouse. All beds must remain 2 metres apart from one another, frame-to-frame.
 - If there is adequate space around the bunkhouse, establish a demarcated area for workers. The out border of the demarcated area should be greater than 6 feet of any person, communal or work area. This is to prevent the person who is under isolation from coming in contact with other persons.
 - Identify a back-up isolation unit for the case that a worker becomes ill and needs to be separated from the others. Plans should consider multiple workers becoming ill at once. Multiple back-up options are recommended for larger agricultural enterprises. Use of rental units (e.g. hotels, motels) is not recommended as a primary back-up plan. Other options such as use of trailers or other bunkhouses are preferred.
 - Ensure workers will have access to a phone during the isolation period. Keep in mind that upon arrival workers may not have the opportunity to set up personal cell phones.
 - Provide worker with cleaning/disinfecting supplies, cleaning instructions and a cleaning log.
 - If laundry facilities are not available within the isolation unit, arrange for contactless pick up and delivery of workers' laundry at minimum every 7 days during isolation.

Make arrangements for food, water, medicine, or personal supplies (e.g., shampoo/conditioner, toothbrush/toothpaste, phone card, etc.) to be provided to seasonal workers under isolation. Some options:

- Picking up supplies and placing outside the door of those who are isolated
- Having a delivery service for grocery shopping
- Any urgent personal matters that the migrant workers need to attend to
- Post hand hygiene and respiratory etiquette signs in the washrooms, kitchen, living rooms and work spaces where possible.

Conduct the Wellness Check daily during the isolation period to ensure the workers are symptom-free. Submit the Wellness Check Record to EHTHotline@hnhss.ca on Day 7 and Day 14 of the isolation period.

Prepare a list of emergency contacts in the event of a Public Health emergency or worker becomes ill with symptoms of COVID-19. This list should include:

- Haldimand Norfolk Public Health 519-426-6170 ext. 9999 or
- 905-318-6623 ext. 9999
- 911
- Haldimand County Emergency Services, Norfolk County Emergency Services
- The address where they are residing

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