## You have symptoms and work/volunteer in a highest risk setting. Now what?

Do you have any of these symptoms: Fever/chills, cough, shortness of breath, decrease/loss of smell and taste? No Yes Do you have two of more of these symptoms? Sore throat • Extreme Fatigue Muscle aches/joint pain • GI symptoms (i.e. vomiting or diarrhea) Runny nose/nasal congestion Headache No Yes It is highly likely that you have a COVID-19 infection. • It is less likely that you have COVID-19 infection. You must self-isolate immediately. • Self-isolate until your If you are fully vaccinated: you must self-isolate from community for at least 5 days\*\* from your symptom onset and until your symptoms have been improving for 24 hours (or 48 hours if symptoms are improving for at least 24 hours (48 gastrointestinal symptoms) whichever is longer. hours for GI symptoms). If you are partially or unvaccinated or immunocompromised: you must self-isolate for 10 days from Your household members symptom onset. do not need to self-All household members must isolate while you are isolating (regardless of their vaccination status). isolate. Get a PCR test as soon as possible. Returning to work in highest risk setting: Report your symptoms to your employer. Your employer will inform you if you may return to work earlier than 10 days (in consultation with HNHU where applicable).

<sup>\*\*</sup>After 5 days of self-isolation, do NOT attend work until 10 days from symptoms onset.