



Holiday Mocktail RECIPES

The Haldimand-Norfolk Health Unit would like to wish you & your family a safe & enjoyable Holiday Season!

The Holiday Season is a special time to host family and friends in a warm, safe and welcoming atmosphere. The Haldimand-Norfolk Health Unit would like to share with you a few non-alcoholic holiday drink recipes to try out at home. It is your responsibility as a host, to ensure your guests arrive home safely.

The Carolling Cup of Cider

- Apple cider 8oz
- Cloves 3
- Stick cinnamon 1
- Peel of 1 whole orange

Directions

To a saucepan, add cloves, stick cinnamon and the peel of a whole orange. Add apple cider. Heat almost to a boil. Remove cloves, cinnamon and orange and pour into a heatproof mug. Garnish with a fresh clementine skewer.

Holiday Punch

- Pineapple juice 4oz
- Cranberry juice 3oz
- Soda water
- Strawberry, raspberry or lime sherbet

Directions

In a punch bowl, pineapple and cranberry juices. Pour in soda water. Top with scoops of sherbet. Makes about 16 servings.

The Cranberry Collection

- Cranberry juice 3oz
- Orange juice 2oz
- Lime cordial 1/8oz
- Soda water
- Frozen cranberries

Directions

In a cocktail shaker filled with ice, combine cranberry juice, orange juice and lime cordial. Shake sharply and strain into a glass filled with ice. Top with soda water and sprinkle with frozen cranberries.

The Chocolate Whip

- Chocolate milk 4oz
- Cold coffee 2oz
- Whipped cream
- Shaved chocolate

Directions

Fill a tall glass with ice. Add chocolate milk and cold coffee. Top with whipped cream and garnish with shaved chocolate.

Eat gingerbread, Drink mocktails, and be merry!