## Serve Up Singles



#### **Cranberry Spritzer**

In a cocktail shaker filled with ice, combine 3 oz. of **cranberry juice**, 2 oz. of **orange juice** and a splash of **lime cordial**. Shake and strain into a glass filled with ice. Top with soda water and garnish with zest of **lime**.

**The Chocolate Whip** Fill a glass with ice. Add 4 oz. of

chocolate milk and 2 oz. of cold coffee. Stir well and top with whipped cream and chocolate



Have fun! Be safe! Enjoy!

#### Virgin Caesar

shavings.

Rim a tall glass with fresh **lime juice** and **celery salt**. Fill glass with ice and add a dash of **Tabasco** and **Worchester sauce**. Top with I cup of **vegetable-clam cocktail** and stir. Garnish with a **celery stock**.

### Haldimand-Norfolk

P.O. Box 247, 12 Gilbertson Drive Simcoe, ON N3Y 4L1 519.426.6170 / 905.318.6623

Email: info@hnhu.org Web: www.hnhu.org

#### Caledonia

282 Argyle Street South Caledonia, ON N3W IK7 905.318.5367

## Mocktail Recipes



### Flavourful cocktails without the alcohol:

Perfect for pregnant or breastfeeding women, drivers and those who choose not to drink.

### Why Choose Mocktails?

#### • Alcohol is a risk factor for many chronic

. . . . . . . . . . . . . .

- diseases and injuries, including various
- cancers, heart disease, stroke, liver
- disease, overdoses, hospitalizations and
  deaths.
- •
- Alcohol impairs judgement, vision and coordination, all of which are needed to drive safely. Driving under the influence of alcohol greatly increases the risk of crashes.
- As the host of a party, you can be held legally liable if guests leave your party impaired and suffer injuries or injure someone else.
- • There is no safe time during a woman's
- pregnancy to drink any amount of alcohol.
- Birth defects and brain damage can
- develop in a child whose mother drank
- alcohol during pregnancy.



# Make Enough for Everyone!

#### **Party Punch**

| 0  |   | l |  |
|----|---|---|--|
|    |   |   |  |
|    |   | 1 |  |
|    |   | 1 |  |
| Lu | - |   |  |
|    |   | ) |  |

•

#### frozen orange juice I can frozen lemonade I can water 4 cans grenadine I cup gingerale 4 cups orange slices maraschino cherries

In a large punch bowl, combine orange juice, lemonade, water and grenadine. Just before serving, stir in chilled gingerale. Float orange slices and maraschino cherries for garnish.



### Mock Champagne

gingerale2 litrespineapple juice3 cupswhite grape juice4 cups

Mix all ingredients in a large punch bowl and add ice.

### Hawaiian Sunrise

#### ice orange juice vanilla ice cream ripe pineapple chunks coconut extract maraschino cherries In a blender, mix toget

In a blender, mix together ice, orange juice, vanilla ice cream, pineapple, and coconut extract until smooth but still thick. Pour into glasses and garnish with pineapple and maraschino cherries.



#### Summer Blush

raspberry juice 4 cups lemon-lime pop 4 cups

Mix raspberry juice and lemon-lime pop in a large pitcher. Pour into ice-filled glasses. Garnish with fresh

